



ADMINISTRATIVE PROCEDURE

CATEGORY: Instruction, Curriculum Design

SUBJECT: Starting Times for Sports Events

A. PURPOSE AND SCOPE

1. To establish the schedule of sporting event start times.
2. **Related Procedures:**

Administration of Athletics	4170
Basic Regulations for Athletics	4171
Interscholastic Athletics Program Eligibility	4172
Sports Currently Approved	4176
School Aquatics Programs	4178
Eligibility for Participation in Co-Curricular and Extracurricular Activities	4350

B. LEGAL AND POLICY BASIS

1. **Reference:** Board Policies F-2000, F-2350.

C. GENERAL

1. **Originating Office.** Suggestions or questions concerning this procedure should be directed to the Physical Education, Health and Athletics Department.
2. Athletic contests involving San Diego City Conference schools shall be held in the afternoon, with the usual starting time of 3:30 p.m. *Exceptions:*
 - a. When instructional or testing programs extend late enough in the afternoon to conflict with a 3:30 p.m. starting time, schools may start contests later by mutual agreement of both principals, provided darkness will not jeopardize completion of a normal contest.
 - b. Basketball games in which a San Diego City Conference school is the "visiting team" Non-City school. (The "home" team sets a starting time, which must be agreed to by the "visiting" school.)
 - c. California Interscholastic Federation-San Diego (CIF-SD) Section play-offs, tournaments, relays, and special events.
 - d. A contest in football and basketball that is *not* followed by a regularly scheduled school day (e.g., Fridays, the day before a holiday).
 - e. A contest in a sport other than basketball and football that is agreed upon by competing schools, provided that a regularly scheduled school day does *not* follow the day of the contest (e.g., Fridays, the day before a holiday).
 - f. League schedules are adopted to accommodate CIF-SD Section and league play-off dates.

3. **Scheduled Dates.** All games, contests, meets, or matches are to be played on the day shown on the San Diego City Conference League's approved sport schedule.

4. **Sports.**
 - a. **Badminton:**
 - (1) Varsity: 3:30 p.m.

 - b. **Baseball:**
 - (1) Varsity: 3:30 p.m.
 - (2) Junior varsity: 3:30 p.m. on opposite field to the varsity game

 - c. **Basketball:**
 - (1) Weekdays other than Fridays:
 - (a) Junior varsity: 3:30 p.m.
 - (b) Varsity: 20 minutes after the JV game ends (*Exception:* Games in which a San Diego City Conference high school team is the "visiting team" and the game is not against another San Diego City Conference high school team).
 - (2) Fridays:
 - (a) Boys Varsity: 7:30 p.m. or 20 minutes after the Girls Varsity game ends. Boys and Girls are on same site.
 - (b) Girls Varsity: 6:00 p.m.
 - (c) JV games on opposite sites. Girls JV game @ 3:30pm; Boys JV game @ 5:15 p. m. or 20 minutes after the first game ends.

 - d. **Cross Country:**
 - (1) Varsity: 3:30 p.m.

 - e. **Field Hockey:** 3:30 p.m.

f. **Football:**

- (1) Varsity: 3:30 p.m. on Fridays until daylight saving time ends; after that, 2:30 p.m. on Fridays. *Exceptions:*
 - (a) League and cross-league night games shall start at 6:30 p.m.
 - (b) Junior varsity/varsity double headers:
 - (i) Junior varsity shall start at 4:00 p.m.
 - (ii) Varsity shall start at 6:30 p.m.
 - (c) Non-league games against and county or non-San Diego City Conference teams shall start according to "home team" designation.
- (2) Junior varsity: 3:30 p.m. on Thursdays on opposite field to the varsity game until daylight saving time ends; than at 2:30 p.m. on Thursdays.
- (3) Freshman: 3:30 p.m. on Thursdays on opposite field to the junior varsity game until daylight saving time ends; then at 2:30 p.m. on Thursdays.

g. **Golf:** 3:30 p.m.

h. **Lacrosse:** 3:30 p.m.

i. **Soccer:** 3:30 p.m.

j. **Softball:**

- (1) Varsity: 3:30 p.m.
- (2) Junior varsity: 3:30 on opposite field to the varsity game

k. **Swimming:** 3:30 p.m.

l. **Tennis:** 3:30 p.m.

m. **Track:** 2:45 p.m.

n. **Volleyball:**

- (1) Varsity: 3:30 p.m.
- (2) Junior varsity: 20 minutes after the varsity game ends
- (3) Freshman: Same time as junior varsity, on a different court

o. **Water polo:** 3:30 p.m.

p. **Wrestling:** 3:30 p.m.

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NO: **4175**

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EFFECTIVE: **7-1-62**

REVISED: **3-27-14**

D. IMPLEMENTATION is outlined in Sections C.2 through C.4.

E. FORMS AND AUXILIARY REFERENCES

1. California Interscholastic Federation (CIF) State and San Diego Section (CIF-SD) Constitution, Bylaws, Rules and Regulations
2. Interscholastic Athletic Program Handbook (City Conference Blue Book)

F. REPORTS AND RECORDS

G. APPROVED BY



General Counsel, Legal Services
As to form and legality

H. ISSUED BY



Chief of Staff