SAN DIEGO UNIFIED SCHOOL DISTRICT

POSITION DESCRIPTION

TITLE:	Rehabilitation Specialist	**REPORTS TO:**	Lead Licensed Mental Health Clinician
DEPARTMENT:	Mental Health Resource Center	**CLASSIFICATION:**	Classified
FLSA:	Non-Exempt	**SALARY GRADE:**	038 PARA
REVISED:	September 5, 2013		

BASIC FUNCTION:

Provide assistance in the development of student functional skills of daily living, social skills, medication compliance, and positive behavior support and intervention techniques for pupils designated as emotionally disabled or with other handicapping conditions with behavioral emotional/behavioral components and/or severe disciplinary problems.

REPRESENTATIVE DUTIES: (Incumbents may perform any combination of the essential functions shown below. This position description is not intended to be an exhaustive list of all duties, knowledge, or abilities associated with this classification, but is intended to accurately reflect the principal job elements.)

E = Essential Functions

Provide student assistance in developing functional skills of daily living such as attention management, relational interaction, grooming and hygiene, and anger management. **E**

Provide students and families with information and assistance in managing medication compliance. **E**

Provide student social skills training in group and individual settings with emphasis on student successfully maintaining in the classroom and on the campus. **E**

Assist with the development and implementation of positive behavior support and intervention techniques and behavior support plans in conjunction with student's mental health goals as part of the individual education plan (IEP) process. **E**

Assist in development and implementation of level systems, positive incentives, and individual and classroom contracts. **E**

Implement and model alternative communication intervention strategies. **E**

Assist students in management of emotions and behaviors in the educational context. **E**

Provide crisis intervention and treatment interventions for students and their families. **E**

Physically restrain pupils as necessary to control violent behavior and maintain a safe environment. **E**

Provide continuous supervision of pupils in classrooms, cafeteria, on grounds, at bus loading zones, and other school site areas as assigned. **E**

Provide rehabilitative groups for pupils, including but not limited to social skills, peer relations, and anger management. **E**

Train staff, parents, and pupils in rehabilitative and behavioral strategies and techniques. **E**

Supervise students to and from bus loading zones and maintain discipline; supervise and attend to students as they are transported between home and school or on special activity trips. **E**

Participate in group and individual meetings, including Instructional Study Team and Individualized Education Plan meetings as necessary. **E**

Assist with difficult behavior at other sites as necessary. **E**

Perform related duties as assigned.

MINIMUM QUALIFICATIONS:

EDUCATION AND EXPERIENCE:
Any combination of training, experience, and/or education equivalent to three years of behavior modification experience with emotionally disturbed or conduct-disordered youth in a mental health setting, preferably in inpatient hospitalization, intensive day treatment, or residential treatment settings.

LICENSES AND OTHER REQUIREMENTS:
Possession of a valid California driver's license and availability of private transportation (mileage expense allowance provided).
Personality and character traits suited to providing services for students with serious behavior challenges.

KNOWLEDGE AND ABILITIES:

KNOWLEDGE OF:
Functional skills of daily living such as attention management, relational interaction, grooming and hygiene, and anger management.
Positive behavior support and intervention techniques and instructional methodologies.
Reading and writing English communication skills.

ABILITY TO:
Provide student assistance in developing functional skills of daily living.
Recognize and understand serious behavior challenges.
Apply positive behavior support and intervention techniques and instructional methodologies.
Provide crisis intervention and treatment interventions for students and their families.
Physically restrain pupils as necessary to control violent behavior.
Train staff, parents, and pupils in rehabilitative and behavioral strategies and techniques.
Communicate effectively orally and in writing.
Establish and maintain effective working relationships with others.
Plan and organize work.
Meet schedules and time lines.
Analyze situations accurately and adopt an effective course of action.
Work independently with little direction.
Read, apply, and explain rules, regulations, policies, and procedures.

WORKING CONDITIONS:

ENVIRONMENT:
Indoor or outdoor classroom settings.

PHYSICAL REQUIREMENTS:
Hearing and speaking to exchange information; seeing to perform assigned duties; sitting or standing for extended periods of time; dexterity of hands and fingers to perform assigned duties; kneeling, bending at the waist, and reaching overhead, above the shoulders and horizontally, to retrieve and store supplies; lifting and moving heavy pupils as necessary to provide physical restraint.

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