Attachment 1
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San Diego Unified
SCHOOL DISTRICT

Physical Education Two-Year Waiver

Dear SDUSD Student,

California Education Code requires that all students in grades 9-12 take four years of physical education. You can be granted a waiver from courses in physical education for two years anytime during grades 10-12 if you meet the following criteria, (Education Code Section 51241(b)(1):

1. **You consent to the waiver by signing this document.**
2. **You score in the Healthy Fitness Zone of the FITNESSGRAM® in five of six standards administered in grade 9 pursuant to Education Code Section 60800.** Note: If you do not score in the Healthy Fitness Zone in five of six standards on the FITNESSGRAM®, the state of California requires you to participate in physical education for four years or until you meet the FITNESSGRAM® requirements.

You may choose to participate beyond the two-year requirement in a variety of elective physical education classes that your school provides or participate in a school athletic team.

The right to waive is the *student's* choice. Please make your choice by initialing your selection and signing below.

Keep in mind, this two-year waiver is contingent upon passing five of six standards administered in the FITNESSGRAM®.

Sign and return to counselor

_____ I choose **not to waive** myself from physical education and I **will be enrolled** in physical education for the coming school year. My school counselor has explained these two physical education program choices to me.

_____ I choose **to waive** myself from physical education and I **will not be enrolled** in physical education for the upcoming school year. I understand that I must meet the two-year state graduation requirement. My school counselor has explained these two physical education program choices to me.

If I decide to change my selection I will contact my school counselor prior to the end of the school year, so that the appropriate courses are included on my schedule.

_____   _____
Student Signature   Date

_____
 Print Student Name

A copy will be stored in your cumulative file.