



**Application for Physical Education Permanent Exemption**

Dear SDUSD Student,

1. California Education Code requires that all students in grades 9-12 take four years of physical education. A student can be permanently exempted from physical education as long as they are 16 years old or older and have been enrolled in grade 10 for one academic year or longer. (Education Code section 51241[c]1)
2. The Department of Physical Education, Health and Athletics for the San Diego Unified School District may grant permanent exemptions for extreme or severe circumstances on a case by case basis.
3. To apply for the Permanent Exemption please fill out this form and submit it to Scott Giusti, Director of Physical Education, Health and Athletics.

**This exemption cannot be used to supplant the state FITNESSGRAM® mandates or the district's two-year graduation requirement.**

|                 |       |           |                       |
|-----------------|-------|-----------|-----------------------|
| _____           | _____ | _____     | _____                 |
| Name of Student | Grade | ID Number | High School Attending |

**Please attach paperwork outlining the reasons for this application and any additional documentation.**

|   |       |
|---|-------|
| _____   | _____ |
| Physical Education Department Chair's Signature | Date  |

|                       |       |
|-----------------------|-------|
| _____                 | _____ |
| Principal's Signature | Date  |

|                       |       |
|-----------------------|-------|
| _____                 | _____ |
| Counselor's Signature | Date  |

|                    |       |
|--------------------|-------|
| _____              | _____ |
| Parent's Signature | Date  |

|                     |       |
|---------------------|-------|
| _____               | _____ |
| Student's Signature | Date  |

The Permanent Exemption for \_\_\_\_\_ has been \_\_\_\_\_.

**Student's Name** **Approved/Denied**

**Rationale:**

|  |       |
|--|-------|
| _____  | _____ |
| Scott Giusti<br>Director of Physical Education, Health and Athletics | Date  |