

Exemptions in Physical Education

Dear SDUSD Student,

California Education Code (EC Section 51222) requires that all students in grades 9-12 take four years of physical education, **unless** you meet either of the exemption criterion outlined below.

Two-year Exemption: for two-years anytime during grades 10-12 if you meet the following criteria, (Education Code Section 51241(b)(1):

1. You consent to this exemption by signing this document.
2. You score in the Healthy Fitness Zone of the FITNESSGRAM® with a minimum of five of six standards administered in grade 9 pursuant to Education Code Section 60800.
3. You have successfully completed 2 credits/1-year of physical education.

Permanent Exemption Requirements: for students who have completed the 4 credits/2-year graduation requirement and meet the following requirements:

You, the student, is 16 years old or older and has been enrolled in grade 10 for one or more academic years. (Education Code section 51241[c]1)

1. You have completed the 4 credits/2-year graduation San Diego Unified School District and California Education Code requirement.

Passing of the FITNESSGRAM is not required for the Permanent Exemption. The SDUSD may grant this exemption and approval is not automatically guaranteed.

Note: You may choose to participate beyond the 2-year San Diego Unified School District and California Education Code requirement in a variety of elective physical education classes provided at your high school or through participation in interscholastic athletics.

_____ I do not choose the **Two-Year Exemption**, I have passed the FITNESSGRAM and I will be enrolled in physical education for the coming school year.

_____ I choose the **Two-Year Exemption** from physical education and I will not be enrolled in physical education for the upcoming school year. I have successfully completed 2 credits/1year of physical education, I have passed the FITNESSGRAM, and understand I must successfully complete 2 more credits per San Diego Unified School District and California Education Code state graduation requirement.

_____ When I'm 16 and I meet the Permanent Exemption requirements listed above I request a **Permanently Exemption** from physical education.

If I decide to change my selection, I will contact my school counselor prior to the end of the school year so that the appropriate courses are included on my schedule.

My counselor/site designee has explained all exemptions to me and I understand my options and requirements in regard to San Diego Unified School District and California State physical education

graduation requirements. Confirm with counselor's/site designee.

Signature_____

Student Signature_____ Date_____

Print Student Name_____ Student Birthdate _____

A copy will be stored in your cumulative file

Exhibit version: July 24, 2018

Effective: November 1, 2018

Revised: March 5, 2019

SAN DIEGO UNIFIED SCHOOL DISTRICT

San Diego, California