Exemptions in Physical Education

Dear SDUSD Student,

California Education Code (EC Section 51222) requires that all students in grades 9-12 take four years of physical education, unless you meet either of the exemption criterion outlined below.

**Two-year Exemption:** for two-years anytime during grades 10-12 if you meet the following criteria, (Education Code Section 51241(b)(1):

1. You consent to this exemption by signing this document.
2. You score in the Healthy Fitness Zone of the FITNESSGRAM® with a minimum of five of six standards administered in grade 9 pursuant to Education Code Section 60800.
3. You have successfully completed 2 credits/1-year of physical education.

**Permanent Exemption Requirements:** for students who have completed the 4 credits/2-year graduation requirement and meet the following requirements:

You, the student, is 16 years old or older and has been enrolled in grade 10 for one or more academic years. (Education Code section 51241[c][1])

1. You have completed the 4 credits/2-year graduation San Diego Unified School District and California Education Code requirement.

**Passing of the FITNESSGRAM is not required for the Permanent Exemption.** The SDUSD may grant this exemption and approval is not automatically guaranteed.

**Note:** You may choose to participate beyond the 2-year San Diego Unified School District and California Education Code requirement in a variety of elective physical education classes provided at your high school or through participation in interscholastic athletics.

I do not choose the Two-Year Exemption, I have passed the FITNESSGRAM and I will be enrolled in physical education for the coming school year. 

I choose the Two-Year Exemption from physical education and I will not be enrolled in physical education for the upcoming school year. I have successfully completed 2 credits/1-year of physical education, I have passed the FITNESSGRAM, and understand I must successfully complete 2 more credits per San Diego Unified School District and California Education Code state graduation requirement.

When I’m 16 and I meet the Permanent Exemption requirements listed above I request a Permanently Exemption from physical education.

If I decide to change my selection, I will contact my school counselor prior to the end of the school year so that the appropriate courses are included on my schedule.

My counselor/site designee has explained all exemptions to me and I understand my options and requirements in regard to San Diego Unified School District and California State physical education.
graduation requirements. Confirm with counselor’s/site designee.
Signature___________________________

Student Signature___________________________ Date_______________

Print Student Name_________________________ Student Birthdate ____________

A copy will be stored in your cumulative file

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SAN DIEGO UNIFIED SCHOOL DISTRICT
San Diego, California