Today’s Menu

Meal Component Guide

- Scrambled Eggs & French Toast
- Teriyaki Chicken Bowl
- Three Bean Chili 🍁
  w/Tortilla Chips
- Buffalo Chicken Pizza
- Manager’s Special

Sides*

- Fresh Fruit Selection
- Dried Cranberries
- Baby Carrots w/Ranch

*May take multiple servings of fruits and vegetables

This institution is an equal opportunity provider.
Menus are subject to change.
All grains are either whole grain or whole grain rich.

Revision Date: 8/26/19
Monday SCC Express 9-12
Today’s Menu

Meal Component Guide

- Beef Tacos
- Crispy Chicken Drumstick w/Dinner Roll
- Arizona Gold Bean & Cheese Burrito
- Ava's Avocado Salad w/Tortilla Chips
- Manager’s Special

Sides*

- Fresh Fruit Selection
- Dried Cranberries
- Go'Bonzo's Roasted Chickpeas

*May take multiple servings of fruits and vegetables

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Revision Date: 8/26/19
Tuesday SCC Express 9-12
Today’s Menu

Meal Component Guide

- Chicken Tenders & Waffles
- All Beef Hot Dog w/Tater Tots
- Cheese Pizza
- Chicken Caesar Salad w/Dinner Roll
- Manager’s Special

Sides*
- Fresh Fruit Selection
- Dried Cranberries
- Cucumber Slices w/Ranch

*May take multiple servings of fruits and vegetables

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Revision Date: 8/26/19
Wednesday SCC Express 9-12
Today's Menu

Meal Component Guide

- Mandarin Chicken Bowl
- Sriracha Chicken Sandwich
- Three Bean Chili with Tortilla Chips
- Fish & Chips with Dinner Roll
- Manager’s Special

Sides*
- Fresh Fruit Selection
- Dried Cranberries
- Potato Wedges

*May take multiple servings of fruits and vegetables

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Revision Date: 8/26/19
Thursday SCC Express 9-12
Today’s Menu

- All-American Cheeseburger
- Chicken Nuggets w/Dinner Roll
- Cheese Pizza
- Saucy Beef & Bean Burrito
- Manager’s Special

Sides*
- Fresh Fruit Selection
- Dried Cranberries
- Broccoli Buds w/Ranch

*May take multiple servings of fruits and vegetables

Revision Date: 8/26/19
Friday SCC Express 9-12

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Menus are subject to change.
All grains are either whole grain or whole grain rich.