



Community Services for Families Program Central Region

FREE PARENTING CLASSES- (ENGLISH) 6pm-8pm

This course will help you to learn to communicate with children and develop effective discipline based in both firmness and kindness. This course will help you to enhance a positive relationship with your child.

A 7 week course for parents of children in the following age groups are available;

Ages 0-5 years	January 23rd thru March 13th, 2017
Ages 6-12 years	January 11th thru February 22nd, 2017
Ages 13+ (teens)	January 13th thru February 24th, 2017

At the end of the 7 session parents will receive a court approved certificate.

Must call and schedule an appointment in advance to enroll prior to parenting class start date. Priority will be given to parents participating with Child Welfare Services.

Childcare is available for children ages 2-12 upon request. Limitations and conditions may apply.

See the Parent Education Coordinator for further details.

Please contact:

Marialuz Serrano, Parent Education Coordinator

(619) 283-9624 X 339

4275 El Cajon Blvd. #101

San Diego CA. 92105



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