

Change is hard.

With zero8hundred's help,
your transition to civilian life
doesn't have to be.



Did you know there are more than 6000 resources in San Diego to assist you with every element of transitioning to civilian life including housing, jobs, education, finances, physical and mental health, social and peer connections and legal issues?



Determining which of those 6000 resources best fits your families needs could be overwhelming. This is where zero8hundred can help. zero8hundred is a nonprofit community initiative that proactively connects transitioning service members and their families to carefully screened resources.



Signing up for our free program pairs you with a peer navigator who has direct military experience. They've all been through transition and understand how stressful and challenging it can be. Your peer navigator will work with you one-on-one at no cost to you during your countdown to terminal leave and for 12 months after. They'll provide introductions and make referrals to the exact programs, resources and opportunities you need for a successful transition.



Sign up at www.zero8hundred.org/SDUSDFamilyOpt-In.aspx. Use authorization code SDUSDYOURSCHOOL (example SDUSDMILLER if your students attend Miller).