SAN DIEGO UNIFIED SCHOOL DISTRICT

Date: August 29, 2019

To: Area Superintendents, School Principals, Vice Principals, Division and Department Heads,

Subject: LABOR CODE – LACTATION ACCOMMODATIONS

Department and/or Persons Concerned: Site administrators

Due Date: Immediately

Reference: Labor Code Section 1030-1033

Action Requested: Comply with law

Brief Explanation:

Pursuant to Labor Code Sections 1030 through 1033, all California employers are required to:

- Provide a reasonable amount of additional break time to accommodate an employee desiring to express breast milk for the employee’s infant child. If possible, the break time should run concurrently with the employee’s break time.

- Make a reasonable effort to provide the employee with the use of a room or other sanitary location (other than a toilet stall), in close proximity to the employee’s work area, so that the employee may express breast milk in private.

The collective bargaining agreements for the various employee groups in the district have specific language regarding paid break times (or rest periods) and lunch breaks in the Hours of Employment article of each contract. If an employee is lactating and informs her site administrator, manager, or supervisor of her need for additional break time to express breast milk, a reasonable amount of additional break time must be provided. The only exception is “if to do so would seriously disrupt the employer’s operations.” If an exemption is necessary, please obtain advice from the district’s legal counsel prior to denying additional break time to an employee who is lactating.

Additionally, employers must make a reasonable effort to provide a private location for the employee to use when expressing breast milk. Since most sites may only have an occasional employee needing this accommodation, it is not necessary to have a permanent space for this purpose, and the issue may be addressed on a case-by-case basis. With a large facility, such as the
Eugene Brucker Education Center, a permanent space has been designated for employees for this purpose. The permanent space is a small, private room located on the first floor near room 1202.

Resources are available to assist in complying with the law. A copy of the law as well as frequently asked questions, may be viewed at: https://www.dir.ca.gov/dlse/Lactation_Accommodation.htm

In addition, the California Department of Public Health provides a number of resources for employers to assist in compliance with this law:
https://www.cdph.ca.gov/Programs/CFH/DMCAH/Breastfeeding/Pages/Lactation-Accommodation-for-Employers.aspx

Failure to comply with any provision of this law places the district at risk. The district may be subject to a monetary civil penalty by the Labor Commissioner for each instance of non-compliance.

Questions may be direct your questions to your Human Resource Officer; please use this link to access our HR Contact & Service List.

APPROVED:

Acacia Thede
Chief Human Resources Officer

Attachments (2)

#1- California Department of Public Health Workplace Breastfeeding Support in California English

#2- California Department of Public Health Apoyo Para Amamantar En El Lugar Laboral En California