The Clairemont Coalition is a community collaborative coordinated by:

NORTH CLAIREMONT HEALTHY START
SAY, SAN DIEGO
8755 AERO DRIVE, SUITE 100
San Diego, CA 92123
(858) 565-4148
www.saysandiego.org

Prepared in partnership with the Family Resource Center at Madison

Clairemont Coalition

Community Resource Directory

INDIVIDUAL AND FAMILY SERVICES

STRENGTHENING OUR COMMUNITY
- Social Services and Basic Needs
- Mental and Physical Healthcare
- Individual and Family Counseling

Funded by First 5 San Diego
The Clairemont Coalition is an organization composed of schools, healthcare organizations, government agencies, community-based organizations, local businesses, the faith community and residents. Community leaders who recognized the need for an organization to successfully coordinate the resources of the community formed the Coalition in 1993.

*The mission of the Clairemont Coalition is to mobilize local resources and collective strengths to promote a healthy, thriving, and diverse community, which supports children and families.*

The Coalition meets from 9:00 - 10:00 am on the first Thursday of each month and is open to the public. The meetings are held at the Boys and Girls Club of Greater San Diego located at 4635 Clairemont Mesa Blvd., San Diego, CA 92117.
# Community Resources

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Community Resources

SAN DIEGO POLICE DEPARTMENT
(from cell phone) 858-300-1211
Non-emergency 619-531-2000

Other Assistance
ACCESS: CalWorks, Medi-Cal, Food Stamps, Cash Aid
www.accessbenefitssd.com
Info-Line (shelter and resource information, insurance application assistance, crisis lines) 211
www.211sandiego.org

ADULT SERVICES
Adult Protective Services 800-510-2020
www.sdcounty.ca.gov/hhsa/programs/ais/adult_protective_services/index.html
Adult Resource Network 858-483-5100
www.livewellsandiego.org
Aging and Independence Services 800-510-2020
www.sdcounty.ca.gov/hhsa/programs/ais/
Elder Law 858-565-1392
www.seniorlaw-sd.org
Jewish Family Services 858-637-3000
www.jfssd.org/

BABY INFORMATION AND SUPPORT
Adoption Center of San Diego 858-535-3033
www.adoption-center.org
AIM (Insurance for mothers and babies) 800-433-2611
www.aim.ca.gov
Bayside Community Clinic 858-278-0771
www.baysidecc.org/
Birthline 858-270-2491
www.birthlineofsandiego.org/
Breastfeeding Support/Information 1-800-371-MILK (6455)
www.breastfeeding.org/
Children’s Care Connection, Infant Massage 858-966-8931
www.rchsd.org/C3
First Steps www.saysandiego.org (Intake) 619-961-1025
(Home visiting program for parents of newborns.)
La Leche League of San Diego 858-646-9779
www.llusa.org/web/SanDiegoCA.html

Online version available at www.sandi.net/Madison. Click on Parents/Resources.

ALCOHOL, TOBACCO AND OTHER DRUGS
Accurate/Anonymous Info ATOD
www.bubblemonkey.com
www.changobomba.com
Al-Anon and Alateen www.al-anon.org 619-296-2666
Alcoholics Anonymous (AA) www.aa.org 619-265-8762
American Cancer Society www.cancer.org 800-227-2345
American Lung Association www.lung.org 619-297-3901
California Smokers Helpline www.californiasmokershelpline.org 800-662-8887
Drinking Driver Program ntsi.com/california/drinking-driver-program 858-467-6610
MADD (Mothers Against Drunk Driving) 858-564-0780
Narcotics Anonymous www.sandiegonoa.org 800-479-0062
North City Prevention Coalition 858-565-4148
Narcotics Anonymous 858-565-4148 ext. 205
Teen Options-Teen Recovery Center www.sdouthservices.org 619-521-2250

COMMUNITY RESOURCES
American Indian Health Center www.sdaich.com 619-234-0648
Barrio Station www.bariostation.org 619-238-0314
Bayside Community Center 858-278-0771
San Diego City Branch Libraries / North Clairemont 858-581-9935
Balboa 858-573-1390
Clairemont 858-581-9935
County Mental Health sdpublic.sdcounty.ca.gov/healthy-kids-and-families/mental-health-services/
Council on Literacy www.literacysandiego.org 888-850-7323
LGBT Teen Center www.thecentersd.org 619-497-2920
SANDAPP (Pregnancy/Parenting) www.first5sandiego.org 619-235-5000
UPAC (Pan Asian Communities) upacsd.wordpress.com 619-521-5720
Urban League www.sdul.org 619-266-6247
### Other Resources for Teens and Families

#### YOUTH SHELTERS
- **The Bridge** [www.sdyouthservices.org](http://www.sdyouthservices.org) 619-521-3939
- **The Storefront** [www.sdyouthservices.org/site/PageServer?pagename=storefront](http://www.sdyouthservices.org/site/PageServer?pagename=storefront) 619-325-3527
- **YMCA Oz, San Diego** [www.yfs.ymca.org](http://www.yfs.ymca.org) 858-270-8213

#### SEXUAL HEALTH AND HIV/STD INFORMATION
- **HIV Rapid Testing** [southbayyouth.tumblr.com/ysdirectory](http://southbayyouth.tumblr.com/ysdirectory) 619-293-4732
- **Logan Heights Teen Health Center** [www.fhcsd.org/locations/teen-health.cfm](http://www.fhcsd.org/locations/teen-health.cfm) 619-515-2333
- **Operation Samahan Teen Clinic** [www.operationsamahan.org](http://www.operationsamahan.org) 619-477-4451
- **Planned Parenthood** [www.planned.org](http://www.planned.org) 888-743-7526
- **STD Clinic (San Diego County)** [www.sdcounty.ca.gov/hhsa/programs/phs/hiv_std_hepatitis_branch/std_clinical_services.html](http://www.sdcounty.ca.gov/hhsa/programs/phs/hiv_std_hepatitis_branch/std_clinical_services.html) 619-692-8550

To find a STD Clinic near you:
- Text HOOKUP to 365247 (standard rates apply)

#### HOTLINES
- **California Youth Crisis Line** 800-843-5200
  - [www.calyouth.org/resources/california-youth-crisis-line](http://www.calyouth.org/resources/california-youth-crisis-line)
- **Child Abuse** [www.sdcounty.ca.gov/hhsa/.../cs/child/.../child_abuse_hotline.html](http://www.sdcounty.ca.gov/hhsa/.../cs/child/.../child_abuse_hotline.html) 858-560-2191
- **Meth Hotline** [www.no2meth.org](http://www.no2meth.org) 877-662-6384
- **National Teen Dating Abuse Hotline** [www.loveisrespect.org/](http://www.loveisrespect.org/) 866-331-9474
- **San Diego County Access and Crisis Line** 800-479-3339
- **Sexual Assault and Relationship Violence Hotline (CCS)** 800-385-4657
- **Suicide Prevention** 800-479-3339

Online version available at [www.sandi.net/Madison](http://www.sandi.net/Madison). Click on Parents/Resources.
Community Resources

CRISIS HOTLINES

24-hour Rape Hotline /Center for Community Solutions 888-385-4657
www.ccssd.org/services_crisis.html
It’s Up to Us 888-724-7240
www.up2sd.org
Jewish Family Services 858-637-3000
www.jfssd.org/
Missing Children Hotline 800-843-5678
www.MissingKids.com
National Runaway Switchboard 800-786-2929
www.1800runaway.org
Poison Control Hotline 800-222-1222
www.calpoison.org/
Suicide and Mental Health Crisis Hotline 800-479-3339
Youth Crisis Hotline 800-843-5200
www.youthcrisisline.org

DENTAL CARE

Dent-i-Cal 800-322-6384
www.denti-cal.ca.gov/WSI/Bene.jsp?fname=ProvReferral
First 5 Oral Health Programs 1-888-534-7785
www.first5sandiego.org/oral-health
Rady Children’s Hospital Clinic 800-788-9029
www.rchsd.org
Share the Care 619-692-8858
www.sharethecaredental.org/
Southwestern Dental College 619-216-6663

DEVELOPMENTAL SERVICES

Early Start Regional Center 858-576-2996
www.sdrc.org/c_serv_early.php
Head Start (Neighborhood House Association) 888-873-5145
www.neighborhoodhouse.org/programs/headstart.cfm
Healthy Development Services www.rchsd.org/HDS 858-966-7510
Children’s Care Connection (C3) www.rchsd.org/C3
Home Start 619-692-0727
www.home-start.org
Infant/Toddler Program Alcott Elementary 858-272-9641
Rady Children’s Hospital High Risk Infant Clinic 858-966-8801
www.rchsd.org

SUBSTANCE ABUSE

Alcohol and Drug Abuse Hotline 800-252-6465
Alcohol Anonymous (AA) 619-265-8762
www.aasandiego.org/
Narcotics Anonymous (NA) 619-584-1007/800-479-0062
www.sandiegona.org/

TRANSPORTATION

MTS (Bus, Coaster, and Trolley) 619-233-3004
www.sdcommute.com/

MISCELLANEOUS INFORMATION

Center for Community Solutions (counseling, sexual assault and domestic violence prevention, legal assistance, mediation) www.ccssd.org/
Children in Need 760-967-4600
www.sdcounty.ca.gov/hhsa/programs/phs/child_lead_poisoning_prevention_program/index.html
Exceptional Family Resource Center 800-281-8252
www.efrconline.org/
Jewish Family Services www.jfssd.org/
Lead Control 619-692-8487
www.sdcounty.ca.gov/hhsa/programs/phs/child_lead_poisoning_prevention_program/index.html
Parent Connection (Parent Support Group) 858-626-6944
www.sandiegoparent.com/
Poison Control 800-222-1222
www.calpoison.org/
Rady Children’s Speech/Hearing Clinic 858-966-5838
www.rchsd.org
Tax Preparation /free assistance 858-565-4148
SAY, San Diego Family Self-Sufficiency Program
UPAC Asian Translators 619-232-6454
www.upacsd.com/

Online version available at www.sandi.net/Madison. Click on Parents/Resources.
Community Resources

**MENTAL HEALTH**
- Chadwick Center for Children & Families 858-966-5803
  - www.chadwickcenter.org
- Community Assessment Team /SAY, San Diego 619-283-9624
  - Counseling and mental health services for youth Ext. 211
- Counseling and Behavioral Specialists 619-697-0470
  - www.sdcounty.ca.gov/hhsa/programs/ais/
- Douglas Young Youth and Family Services 858-300-8282
  - www.sandiegowic.org

**PARENTING RESOURCES**
- Bayside Community Center 858-278-0771
  - www.baysidecc.org/
  - First 5 First Steps / SAY San Diego—home visiting 858-565-4148
  - First 5 Commission www.first5sandiego.org
  - Healthy Start Military Family Resource Center 858-496-0044
  - www.healthystartsd.org
  - Parent Connection 858-626-6944
  - www.sandiegoparent.com/

**PREGNANCY RESOURCES**
- Best Start Birth Center 619-299-0840
  - www.beststartbirthcenter.com/
- Perinatal Care Network 800-675-2229
- Planned Parenthood 888-743-7526
  - www.plannedparenthood.org/pacific-southwest/
- Pregnancy Risk Information Line 800-532-3749
- Turning Point Pregnancy Resource Center and Birth Line 858-457-7800
  - www.mmpregnancy.com/
- UCSD Women’s Clinic
  - health.ucsd.edu/women
- WIC (Women, Infants and Children) 800-500-6411
  - www.sandiegowic.org
  - www.sdsuwic.com

**EMPLOYMENT ASSISTANCE**
- San Diego Workforce Partnership Career Centers 619-516-2200
  - www.sandiegoatwork.com/
- SAY San Diego Family Self Sufficiency Program 858-565-4148
  - www.saysandiego.org/
- Second Chance Program www.secondchanceprogram.org
  - 619-239-1003
  - 619-234-8888

**FAMILY VIOLENCE**
- Center for Community Solutions 858-272-5777
  - www.ccssd.org/
- Chadwick Center 858-966-5980
  - www.chadwickcenter.org/
  - Child Protective Services Hotline (Child Abuse) 858-560-2191
  - Domestic Violence Links Hotline 800-344-6000
- Family Justice Center 866-933-4673
  - www.familyjusticecenter.com/
- Jewish Family Services www.jfssd.org/
- YWCA Domestic Violence Hotline 858-637-3000
  - www.ywcasandiego.org
  - 619-234-3164

**FOOD RESOURCES**
- Bayside Community Center 858-278-0771
  - www.baysidecc.org/
- Catholic Charities 619-231-2828
  - www.cccsd.org/
- Community Christian Services 858-274-2273
  - www.ccsasandiego.org/
  - Food Stamps (Access Line) 866-262-9881
  - www.sdcounty.ca.gov/hhsa/programs/ssp/food_stamps/
- Jewish Family Services www.jfssd.org/
  - 858-637-3000
- San Diego Food Bank www.sandiegofoodbank.org/
- SAY San Diego, Family Self-Sufficiency Program 858-565-4148
  - www.saysandiego.org/
- WIC (Women Infants and Children) www.sandiegowic.org
  - 800-500-6411
  - www.sdsuwic.com

**Online version available at www.sandi.net/Madison. Click on Parents/Resources.**
Community Resources

HEALTH CLINICS
Beach Area Family Health Clinic 619-515-2444
County Medical Services 800-587-8118
  www.sdcounty.ca.gov/hhsa/programs/ssp/
  county_medical_services/
Family Health Centers of San Diego 619-515-2300
  www.fhcsd.org/
Free Clinic UCSD 858-534-6110
  meded.ucsd.edu/freeclinic/clinicsites.html
Linda Vista Health Care Center 858-279-0925
  www.sdfamilycare.org/
Logan Heights Family Health Clinic 619-515-2300
Mid-City Community Clinic (Adults/Teens) 619-563-0250
Mid-City Community Clinic (Pediatrics) 619-280-2058
  www.sdfamilycare.org/
Mobile Medical Clinics 760-591-9975
  www.sandiegomobiledoctor.com/
My Doctor Medical Center 619-263-2500
North Park Family Health Center 619-515-2424
Operation Samahan (Mira Mesa) 858-578-4220
  www.operationsamahan.org
Planned Parenthood 888-743-7526
  www.planned.org
St. Vincent De Paul Clinic 619-233-8500
  www.svdpv.org/

HEALTH CONCERNS
Baby Shots Hot Line 866-358-2966
  www.First5California.com
Flu Info Line 619-515-6900
Health and Human Services, Mental Health Division 619-692-8750
  www.sdcounty.ca.gov/hhsa/programs/bhs/
Public Health Department 858-573-7300
  www.sdcounty.ca.gov/hhsa/programs/phs/
Rady Children’s Hospital 858-576-1700
  www.rchsd.org
San Diego Immunization Program 866-358-2966
  www.sdiz.org/
STD and Aids Information (CDC) 800-232-4636

HEALTH INSURANCE ASSISTANCE
ACCESS: CalWorks, Medi-Cal, Food Stamps, Cash Aid 866-262-9881
  www.accessbenefitssd.com
AIM (Access for Infants and Mothers) 800-433-2611
  www.aim.ca.gov/
Covered California 800-300-1506
  www.coveredca.com
SAY San Diego (New Medi-Cal and Food Stamp Assistance) 858-566-4148
SD-KHAN (Kids Health Assurance Network) 619-692-8428
  www.sdcounty.ca.gov/hhsa/programs/phs/
  san_diego_kids_health_assurance_network/
Kaiser Permanente Child Health Plan 800-255-5053
  info.kp.org/childhealthplan/

HOUSING
211 (Community, Health and Disaster Services) 211
  www.211sandiego.org
San Diego Housing Commission (Section 8 application) 877-478-5478
  www.sdhc.org

LEGAL ASSISTANCE
Center For Community Solutions 858-272-5777
  www.ccssd.org/
Child Support Services 866-901-3212
  www.sdcounty.ca.gov/dcss/
Legal Aide Society of San Diego 877-534-2524
  www.lassd.org/
SD Volunteer Lawyer Association (including guardianship) 619-235-5656
  www.sdvlp.org/
USD Free Legal Assistance 619-260-7470
  www.sandiego.edu/law
YWCA Domestic Violence Advocacy 619-234-3164
  www.ywcasandiego.org

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