



**PARENTS: DOES YOUR CHILD HAVE HEALTH INSURANCE?  
IF THE ANSWER IS "NO", THERE ARE LOW/NO COST  
HEALTH COVERAGE PROGRAMS AVAILABLE.**

**Enroll.**

**Get Care.**

**Renew.**

Families with Medi-Cal must report changes within 10 days of the change.  
Families with Covered California must report changes within 30 days.

| Health Coverage Options   |           |           |           |   |            |            |            | Enroll.   |                |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
|---|-----------|-----------|-----------|---|------------|------------|------------|---|----------------|----------|----------|----------|----------|----------|----------|----------|---|-----------|-----------|-----------|-----------|-----------|-----------|-----------|---|-----------|-----------|-----------|-----------|-----------|-----------|-----------|---|-----------|-----------|-----------|-----------|-----------|-----------|------------|---|-----------|-----------|-----------|-----------|-----------|-----------|------------|---|-----------|-----------|-----------|-----------|-----------|------------|------------|---|-----------|-----------|-----------|-----------|------------|------------|------------|---|-----------|-----------|-----------|-----------|------------|------------|------------|---|-----------|-----------|-----------|------------|------------|------------|
| <p><b>Medi-Cal:</b></p> <ul style="list-style-type: none"> <li>* Children, foster youth, pregnant women, adults, US citizens, and immigrants (including those with DACA status) may be eligible for no- or low-cost Medi-Cal.</li> <li>* Medi-Cal covers immunizations, checkups, specialists, vision and dental services, and more for children and youth at no- or low-cost.</li> <li>* Medi-Cal enrollment is available year round.</li> </ul>   |           |           |           | <p><b>Covered California:</b></p> <ul style="list-style-type: none"> <li>* Covered California is where legal residents of California can compare quality health plans and choose the one that works best for them.</li> <li>* Based on income and family size, many Californians may qualify for financial assistance.</li> <li>* Enroll during Open Enrollment or any time you experience a life-changing event, like losing your job or having a baby. You have 60 days from the event to complete enrollment.</li> </ul> |            |            |            | <p>Contact your health office staff at your students school site.<br/>Or<br/>On the Health Information Exchange Consent form check the box that says 'My children do not have health insurance and I need more information.'<br/>A SDUSD CERTIFIED CASE WORKER WILL CALL TO ASSIST YOU.</p> |                |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| <p>* Undocumented families visit: <a href="https://www.allinforhealth.org/public-charge/">https://www.allinforhealth.org/public-charge/</a><br/>Immigration status information is kept private, protected, and secure. It will not be used by any immigration agency to enforce immigration laws, but only to determine eligibility for health programs.</p>  |           |           |           |   |            |            |            | <b>Get Care.</b>  |                |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| <p>Federal Poverty Guidelines (coverage year 2024)</p> <table border="1"> <thead> <tr> <th># in Household</th> <th>100% FPL</th> <th>138% FPL</th> <th>150% FPL</th> <th>200% FPL</th> <th>266% FPL</th> <th>300% FPL</th> <th>400% FPL</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>\$ 15,060</td> <td>\$ 20,783</td> <td>\$ 22,590</td> <td>\$ 30,120</td> <td>\$ 40,060</td> <td>\$ 45,180</td> <td>\$ 60,240</td> </tr> <tr> <td>2</td> <td>\$ 20,440</td> <td>\$ 28,208</td> <td>\$ 30,660</td> <td>\$ 40,880</td> <td>\$ 54,371</td> <td>\$ 61,320</td> <td>\$ 81,760</td> </tr> <tr> <td>3</td> <td>\$ 25,820</td> <td>\$ 35,632</td> <td>\$ 38,730</td> <td>\$ 51,640</td> <td>\$ 68,682</td> <td>\$ 77,460</td> <td>\$ 103,280</td> </tr> <tr> <td>4</td> <td>\$ 31,200</td> <td>\$ 43,056</td> <td>\$ 46,800</td> <td>\$ 62,400</td> <td>\$ 82,992</td> <td>\$ 93,600</td> <td>\$ 124,800</td> </tr> <tr> <td>5</td> <td>\$ 36,580</td> <td>\$ 50,481</td> <td>\$ 54,870</td> <td>\$ 73,160</td> <td>\$ 97,303</td> <td>\$ 109,740</td> <td>\$ 146,320</td> </tr> <tr> <td>6</td> <td>\$ 41,960</td> <td>\$ 57,905</td> <td>\$ 62,940</td> <td>\$ 83,920</td> <td>\$ 111,614</td> <td>\$ 125,880</td> <td>\$ 146,320</td> </tr> <tr> <td>7</td> <td>\$ 47,340</td> <td>\$ 65,330</td> <td>\$ 71,010</td> <td>\$ 94,680</td> <td>\$ 125,925</td> <td>\$ 142,020</td> <td>\$ 166,320</td> </tr> <tr> <td>8</td> <td>\$ 52,720</td> <td>\$ 72,754</td> <td>\$ 79,080</td> <td>\$ 105,440</td> <td>\$ 140,236</td> <td>\$ 158,160</td> <td>\$ 210,880</td> </tr> </tbody> </table> |           |           |           |   |            |            |            |   | # in Household | 100% FPL | 138% FPL | 150% FPL | 200% FPL | 266% FPL | 300% FPL | 400% FPL | 1 | \$ 15,060 | \$ 20,783 | \$ 22,590 | \$ 30,120 | \$ 40,060 | \$ 45,180 | \$ 60,240 | 2 | \$ 20,440 | \$ 28,208 | \$ 30,660 | \$ 40,880 | \$ 54,371 | \$ 61,320 | \$ 81,760 | 3 | \$ 25,820 | \$ 35,632 | \$ 38,730 | \$ 51,640 | \$ 68,682 | \$ 77,460 | \$ 103,280 | 4 | \$ 31,200 | \$ 43,056 | \$ 46,800 | \$ 62,400 | \$ 82,992 | \$ 93,600 | \$ 124,800 | 5 | \$ 36,580 | \$ 50,481 | \$ 54,870 | \$ 73,160 | \$ 97,303 | \$ 109,740 | \$ 146,320 | 6 | \$ 41,960 | \$ 57,905 | \$ 62,940 | \$ 83,920 | \$ 111,614 | \$ 125,880 | \$ 146,320 | 7 | \$ 47,340 | \$ 65,330 | \$ 71,010 | \$ 94,680 | \$ 125,925 | \$ 142,020 | \$ 166,320 | 8 | \$ 52,720 | \$ 72,754 | \$ 79,080 | \$ 105,440 | \$ 140,236 | \$ 158,160 |
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| 1   | \$ 15,060 | \$ 20,783 | \$ 22,590 | \$ 30,120   | \$ 40,060  | \$ 45,180  | \$ 60,240  |   |                |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| 2   | \$ 20,440 | \$ 28,208 | \$ 30,660 | \$ 40,880   | \$ 54,371  | \$ 61,320  | \$ 81,760  |   |                |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| 3   | \$ 25,820 | \$ 35,632 | \$ 38,730 | \$ 51,640   | \$ 68,682  | \$ 77,460  | \$ 103,280 |   |                |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| 4   | \$ 31,200 | \$ 43,056 | \$ 46,800 | \$ 62,400   | \$ 82,992  | \$ 93,600  | \$ 124,800 |   |                |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| 5   | \$ 36,580 | \$ 50,481 | \$ 54,870 | \$ 73,160   | \$ 97,303  | \$ 109,740 | \$ 146,320 |   |                |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
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| 7   | \$ 47,340 | \$ 65,330 | \$ 71,010 | \$ 94,680   | \$ 125,925 | \$ 142,020 | \$ 166,320 |   |                |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| 8   | \$ 52,720 | \$ 72,754 | \$ 79,080 | \$ 105,440  | \$ 140,236 | \$ 158,160 | \$ 210,880 |   |                |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| <p><b>Renew.</b></p> <ul style="list-style-type: none"> <li>* Medi-Cal must be renewed every year.</li> <li>* Health plans through Covered California must also be renewed every year.</li> </ul>   |           |           |           |   |            |            |            |   |                |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| <p><b>Please contact your school health office staff for more information.<br/>To contact the Certified Enrollment Clerk directly,<br/>please call: (858) 256-2948<br/>or email <a href="mailto:MEDIassist@sandi.net">MEDIassist@sandi.net</a></b></p>  |           |           |           |   |            |            |            |   |                |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |