



### ***MEDI-CAL INSURANCE FOR YOUR CHILD***

San Diego Unified School District has staff to help you enroll your child in Medi-Cal or Covered CA. health insurance. To contact the district's Health Services Case Workers call **(858) 256-2948** for additional information or reach out to the health office at your child's school.

### ***AFFORDABLE HEALTH CARE ACT***

Starting in 2014, most people will be required to have health insurance as part of the federal Affordable Health Care Act. If you are not covered by your own or a family member's health plan, you will have to get insurance. Two important ways people will do this are expanded Medi-Cal benefits or the state-operated marketplace called Covered California. The companies that offer health insurance plans through the Covered California marketplace do not and cannot charge you more based on your health condition or deny you coverage due to a serious illness.

### ***EXPANDED MEDI-CAL FOR ADULTS***

As of January 1, 2024, California has expanded full scope Medi-Cal coverage to adults ages 26-49. California residents of all ages can get full scope Medi-Cal coverage regardless of immigration status if otherwise eligible. Click [here](#) to apply.

### ***COVERED CALIFORNIA INSURANCE OPTIONS***



Covered California is the state-run marketplace or exchange for individuals, families and small businesses. Visit the site to find out if you and your family might get financial assistance on a sliding scale to make coverage more affordable. You will be able to compare and choose health coverage that best fits your needs and budget. Visit [www.CoveredCA.com](http://www.CoveredCA.com) for information about private health insurance and Medi-Cal options.