



**PARENTS: DOES YOUR CHILD HAVE HEALTH INSURANCE?  
IF THE ANSWER IS "NO", THERE ARE LOW/NO COST  
HEALTH COVERAGE PROGRAMS AVAILABLE.**

**Enroll.**

**Get Care.**

**Renew.**

Families with Medi-Cal must report changes within 10 days of the change.  
Families with Covered California must report changes within 30 days.

| Health Coverage Options  |           |           |           |   |            |            |            | Enroll.   |              |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
|--|-----------|-----------|-----------|---|------------|------------|------------|---|--------------|----------|----------|----------|----------|----------|----------|----------|---|-----------|-----------|-----------|-----------|-----------|-----------|-----------|---|-----------|-----------|-----------|-----------|-----------|-----------|-----------|---|-----------|-----------|-----------|-----------|-----------|-----------|-----------|---|-----------|-----------|-----------|-----------|-----------|-----------|------------|---|-----------|-----------|-----------|-----------|-----------|------------|------------|---|-----------|-----------|-----------|-----------|------------|------------|------------|---|-----------|-----------|-----------|-----------|------------|------------|------------|---|-----------|-----------|-----------|------------|------------|------------|
| <p><b>Medi-Cal:</b></p> <ul style="list-style-type: none"> <li>* Children, foster youth, pregnant women, adults, US citizens, and immigrants (including those with DACA status) may be eligible for no- or low-cost Medi-Cal.</li> <li>* Medi-Cal covers immunizations, checkups, specialists, vision and dental services, and more for children and youth at no- or low-cost.</li> <li>* Medi-Cal enrollment is available year round.</li> </ul>  |           |           |           | <p><b>Covered California:</b></p> <ul style="list-style-type: none"> <li>* Covered California is where legal residents of California can compare quality health plans and choose the one that works best for them.</li> <li>* Based on income and family size, many Californians may qualify for financial assistance.</li> <li>* Enroll during Open Enrollment or any time you experience a life-changing event, like losing your job or having a baby. You have 60 days from the event to complete enrollment.</li> </ul> |            |            |            | <p>Contact your health office staff at your students school site.<br/>Or<br/>On the Health Information Exchange Consent form check the box that says 'My children do not have health insurance and I need more information.'<br/>A SDUSD CERTIFIED CASE WORKER WILL CALL TO ASSIST YOU.</p> |              |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| <p>* Undocumented families visit: <a href="https://www.allinforhealth.org/public-charge/">https://www.allinforhealth.org/public-charge/</a><br/>Immigration status information is kept private, protected, and secure. It will not be used by any immigration agency to enforce immigration laws, but only to determine eligibility for health programs.</p>   |           |           |           |   |            |            |            | <b>Get Care.</b>  |              |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| <p>Federal Poverty Guidelines (coverage year 2024)</p> <table border="1"> <thead> <tr> <th>in Household</th> <th>100% FPL</th> <th>138% FPL</th> <th>150% FPL</th> <th>200% FPL</th> <th>266% FPL</th> <th>300% FPL</th> <th>400% FPL</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>\$ 14,580</td> <td>\$ 20,783</td> <td>\$ 21,870</td> <td>\$ 29,160</td> <td>\$ 40,060</td> <td>\$ 43,740</td> <td>\$ 58,320</td> </tr> <tr> <td>2</td> <td>\$ 19,720</td> <td>\$ 28,208</td> <td>\$ 29,580</td> <td>\$ 39,440</td> <td>\$ 54,371</td> <td>\$ 59,160</td> <td>\$ 78,880</td> </tr> <tr> <td>3</td> <td>\$ 24,860</td> <td>\$ 35,632</td> <td>\$ 37,290</td> <td>\$ 49,720</td> <td>\$ 68,682</td> <td>\$ 74,580</td> <td>\$ 99,440</td> </tr> <tr> <td>4</td> <td>\$ 30,000</td> <td>\$ 43,056</td> <td>\$ 45,000</td> <td>\$ 60,000</td> <td>\$ 82,992</td> <td>\$ 90,000</td> <td>\$ 120,000</td> </tr> <tr> <td>5</td> <td>\$ 35,140</td> <td>\$ 50,481</td> <td>\$ 52,710</td> <td>\$ 70,280</td> <td>\$ 97,303</td> <td>\$ 105,420</td> <td>\$ 140,560</td> </tr> <tr> <td>6</td> <td>\$ 40,280</td> <td>\$ 57,905</td> <td>\$ 60,420</td> <td>\$ 80,560</td> <td>\$ 111,614</td> <td>\$ 120,840</td> <td>\$ 161,120</td> </tr> <tr> <td>7</td> <td>\$ 45,420</td> <td>\$ 65,330</td> <td>\$ 68,130</td> <td>\$ 90,840</td> <td>\$ 125,925</td> <td>\$ 136,260</td> <td>\$ 181,680</td> </tr> <tr> <td>8</td> <td>\$ 50,560</td> <td>\$ 72,754</td> <td>\$ 75,840</td> <td>\$ 101,120</td> <td>\$ 140,236</td> <td>\$ 151,680</td> <td>\$ 202,240</td> </tr> </tbody> </table> |           |           |           |   |            |            |            |   | in Household | 100% FPL | 138% FPL | 150% FPL | 200% FPL | 266% FPL | 300% FPL | 400% FPL | 1 | \$ 14,580 | \$ 20,783 | \$ 21,870 | \$ 29,160 | \$ 40,060 | \$ 43,740 | \$ 58,320 | 2 | \$ 19,720 | \$ 28,208 | \$ 29,580 | \$ 39,440 | \$ 54,371 | \$ 59,160 | \$ 78,880 | 3 | \$ 24,860 | \$ 35,632 | \$ 37,290 | \$ 49,720 | \$ 68,682 | \$ 74,580 | \$ 99,440 | 4 | \$ 30,000 | \$ 43,056 | \$ 45,000 | \$ 60,000 | \$ 82,992 | \$ 90,000 | \$ 120,000 | 5 | \$ 35,140 | \$ 50,481 | \$ 52,710 | \$ 70,280 | \$ 97,303 | \$ 105,420 | \$ 140,560 | 6 | \$ 40,280 | \$ 57,905 | \$ 60,420 | \$ 80,560 | \$ 111,614 | \$ 120,840 | \$ 161,120 | 7 | \$ 45,420 | \$ 65,330 | \$ 68,130 | \$ 90,840 | \$ 125,925 | \$ 136,260 | \$ 181,680 | 8 | \$ 50,560 | \$ 72,754 | \$ 75,840 | \$ 101,120 | \$ 140,236 | \$ 151,680 |
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| 1  | \$ 14,580 | \$ 20,783 | \$ 21,870 | \$ 29,160   | \$ 40,060  | \$ 43,740  | \$ 58,320  |   |              |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| 2  | \$ 19,720 | \$ 28,208 | \$ 29,580 | \$ 39,440   | \$ 54,371  | \$ 59,160  | \$ 78,880  |   |              |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| 3  | \$ 24,860 | \$ 35,632 | \$ 37,290 | \$ 49,720   | \$ 68,682  | \$ 74,580  | \$ 99,440  |   |              |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| 4  | \$ 30,000 | \$ 43,056 | \$ 45,000 | \$ 60,000   | \$ 82,992  | \$ 90,000  | \$ 120,000 |   |              |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| 5  | \$ 35,140 | \$ 50,481 | \$ 52,710 | \$ 70,280   | \$ 97,303  | \$ 105,420 | \$ 140,560 |   |              |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| 6  | \$ 40,280 | \$ 57,905 | \$ 60,420 | \$ 80,560   | \$ 111,614 | \$ 120,840 | \$ 161,120 |   |              |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| 7  | \$ 45,420 | \$ 65,330 | \$ 68,130 | \$ 90,840   | \$ 125,925 | \$ 136,260 | \$ 181,680 |   |              |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| 8  | \$ 50,560 | \$ 72,754 | \$ 75,840 | \$ 101,120  | \$ 140,236 | \$ 151,680 | \$ 202,240 |   |              |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
| <p><i>Please contact your school health office staff for more information.<br/>To contact the Certified Enrollment Clerk directly,<br/>please call: (858) 256-2948<br/>or email <a href="mailto:MEDlassist@sandi.net">MEDlassist@sandi.net</a></i></p>   |           |           |           |   |            |            |            | <p>* Find a primary care doctor in your network.</p> <p>* Schedule an annual check-up for you and your family.</p> <p>* Make sure to take your child to the dentist.</p> <p>* Pay your monthly premium if your plan requires it.</p>  |              |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
|  |           |           |           |   |            |            |            | <b>Renew.</b>   |              |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |
|  |           |           |           |   |            |            |            | <p>* Medi-Cal must be renewed every year.</p> <p>* Health plans through Covered California must also be renewed every year.</p>   |              |          |          |          |          |          |          |          |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |           |   |           |           |           |           |           |           |            |   |           |           |           |           |           |            |            |   |           |           |           |           |            |            |            |   |           |           |           |           |            |            |            |   |           |           |           |            |            |            |