Health Coverage Options

**Medi-Cal:**
* Children, foster youth, pregnant women, adults, US citizens, and immigrants (including those with DACA status) may be eligible for no- or low-cost Medi-Cal.

* Medi-Cal covers immunizations, checkups, specialists, vision and dental services, and more for children and youth at no- or low-cost.

* Medi-Cal enrollment is available year round.

**Covered California:**
* Covered California is where legal residents of California can compare quality health plans and choose the one that works best for them.

* Based on income and family size, many Californians may qualify for financial assistance.

* Enroll during Open Enrollment or any time you experience a life-changing event, like losing your job or having a baby. You have 60 days from the event to complete enrollment.

**Enroll.**
Contact your health office staff at your students school site. Or On the Health Information Exchange Consent form check the box that says ‘My children do not have health insurance and I need more information. A SDUSD CERTIFIED ENROLLMENT CLERK WILL CALL TO ASSIST YOU.

**Get Care.**
* Find a primary care doctor in your network.

* Schedule an annual check-up for you and your family.

* Make sure to take your child to the dentist.

* Pay your monthly premium if your plan requires it.

**Renew.**
* Medi-Cal must be renewed every year.

* Health plans through Covered California must also be renewed every year.

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Federal Poverty Guidelines (coverage year 2023)

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<th>Household</th>
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</table>

Please contact your school health office staff for more information.
To contact the Certified Enrollment Clerk directly, please call:
Claudia (619) 571-3332 South
Ameily (619) 665-0619 North and West
Laura (619) 508-2977 East and South