Healthy food.
Successful students.
FOOD & NUTRITION SERVICES
www.sandi.net/food

SOFT FOODS LUNCH

2022-2023

Meals are for Children 3-5 years of age

● 1% or Fat-free White Milk is Offered Daily (Optional)

Monday	Tuesday	Wednesday	Thursday	Friday
●● Cheesy Pull Apart	●● Mozzarella Breadsticks w/ Marinara Sauce	●● Turkey & Cheese Roll -up	●● Cheeseburger	● Chicken Nuggets ● Goldfish Cheese Crackers
● Pears	● Orange Wedges	● Harvest of the Month	● Peaches	● Applesauce
● Carrot Sticks	● Corn	● Green Beans	● Carrot Sticks	● Green Beans

Menus are subject to change

ALLERGENS

DAIRY, EGG, FISH, PEANUT, TREE NUTS, SHELLFISH, SOYBEANS, WHEAT

COMPONENTS

- Vegetable
- Fruit
- Meat/Meat Alternative
- Grain
- Milk

NUTRITION/ALLERGENS

Soft Foods Lunch
2022-2023
3-5 yr

Rev. Date 06/30/2022

This institution is an equal opportunity provider