



SAN DIEGO UNIFIED SCHOOL DISTRICT
Student Services Office
Counseling and Guidance Department

Comprehensive School Counseling Program

San Diego Unified School District's Counseling and Guidance Baseline Level of Service (BLS)

Grades 3-5

Continual Services

- Mandated Reporting
- Emergency Procedure 10, suicide/self harm
- Site Crisis Response Team (SCRT) participation
- Maintain accurate, complete, and correct records as required by law, district policy, and administrative regulations

- Crisis counseling and referrals
- Individual and small group counseling (curriculum/topic based)
- Health education in alignment with Common Core State Standards (CCSS)

- Referrals, from staff or self-referrals
- Consultation, collaboration, and teaming (RtI, IEP, SART, ISP)
- Cumulative reviews
- Classroom observations
- Individual conferences (student/family)
- Classroom Guidance Lessons
- Career and Technical education in alignment with Common Core State Standards (CCSS)

- Referrals to community agencies, SARB, or Youth in Transition
- Parent and community engagement (i.e. website, email, Connect Ed, letters)

- Peer facilitation and conflict resolution
- Coping and redirection
- Contracts (behavior, academic, etc.)
- Attendance monitoring

- Data evaluation (ex. CST scores, Benchmarks, MEASURE)
- Participate on site committee(s)
- District committees/program management roles
- Planning, designing, implementing, and evaluating the school counseling curriculum
- Interdisciplinary curriculum development

- Participate in on-going professional development and trainings
- Professional development
- Participate in Open House/Parent Teacher conferences
- Quarterly meeting with school counselors from feeder schools

Specific Services

- Collaborate with Department of Enrollment Options and Choice on appropriate dissemination of materials to students and families
- Work with site administrators and feeder middle school to establish articulation/matriculation calendar (November)
- At marking periods, support teachers in individual parent conferences and notification for students “at-risk”
- Facilitate planning and participate in awards assembly to recognize student successes
- Hold grade level specific parent meetings
 - Grade 5 Example
 - Grade level expectations
 - UC ‘a-g’/graduation requirements
 - Academic expectations
 - Organization skills
 - Time management
 - Attendance
 - Behavior
- Support site-adopted Character Education program

Guidance Curriculum

Academic

- Study skills
- Test taking strategies
- Time management
- Goal setting

Personal/Social

- Bullying/violence prevention (i.e. Second Step)
- Cyber safety
- Conflict resolution
- Problem solving
- Sexual harassment
- Substance awareness

Career

- Career awareness (i.e. The Play Real game)
- Career assessment

Individual Planning

Academic

- College goal setting
- Course planning

Personal/Social

- Personal goal setting
- Behavior goal setting

Career

- Career goal setting

Responsive Services (Individual and Small Groups)

Academic

- "At-Risk"
- Attendance
- Behavior

Personal/Social

- Grief/Loss/Death
- Peer conflicts
- Transitioning
- Crisis

Career

- Identifying supports