



# **Cooking Up Change**

# San Diego Unified School District Food and Nutrition Services



#### San Diego Unified Food Services

Second largest school district in California

We serve over 300 sites in San Diego

**60%** of our students qualify for free or reduced priced meals

Each **day**, we serve: 45,000 Breakfasts 71,000 Lunches 5,000 Snacks 14,000 Suppers **135,000 total** 

About 24 million meals per year





#### Menu and People Management

40+ Menus 2 dieticians 1,400 food service team members 350 salad bars



# **Our Partner Brands**



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We partner with leading brands of natural and sustainable foods and San Diego local companies to bring our students the best!

Uncle

Ren's

Barilla

GC

FOSTER



SAN DIEGO. CA

ODS THAT MAKE A DIFFERENC

General Mills



green

ellies

### Fresh Fruits & Vegetables Salad Bars Offered Every Day

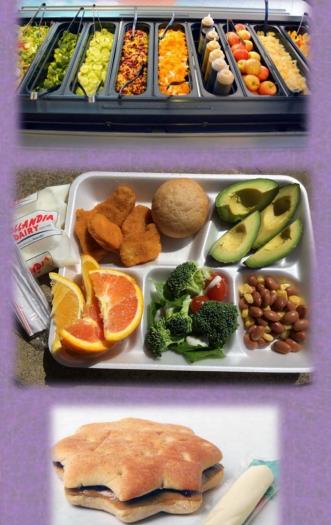


# Kids Choice Café Menu Options









# SandiCoast Café and Theme Carts





### Free Mobile Menu App

Available on smart phones and tablets

#### The App provides:

- Breakfast, lunch and supper menu
- Photo of each menu item
- Nutrient and allergen data







# Farm to School Program

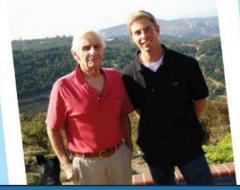
1.) Local Procurement
2.) Nutrition Education
3.) Garden to Café





## Harvest of the Month

#### YOUR FARMERS



#### Per and Nick Stridsberg San Gabriel Ranch

Wednesday's Harvest: Organic Bangkok Guavas

Farm: San Gabriel Ranch

Farmers: Per and Nick Stridsberg

Location: Valley Center, CA

Farm Size: 100 acres

Farm Age: Started in 1988

Main Crops: Avocados, guavas and citrus

What's special about guavas? Guavas are tropical fruits that are high in vitamin C and come in a variety of colors. The skin can be green or yellow and the flesh can be white, yellow or pink. You can eat the skin, but try to avoid the seeds!

Highlights seasonal produce from local farmers Served every Wednesday on our salad bars



## California Thursdays



















#### For more information:



Food & Nutrition Services Website: www.sandi.net/food

Farm to School Website: www.sandi.net/farmtoschool



Facebook: San Diego Unified Farm to School



Twitter: SDFarmtoSchool



Instagram: SDFarmtoSchool



YouTube Channel: Farm to School - San Diego Unified

