

# CAC

## Community Advisory Committee For Special Education

Advising The Board of Education  
San Diego Unified School District

### General Membership Meeting Minutes

**Date:** April 10, 2014  
**Time:** 7:00 – 9:00 pm  
**Location:** Ballard Center, 2375 Congress Street, San Diego, CA 92110

#### **WELCOME & INTRODUCTIONS:**

Meeting called to order at 7:00

Meeting called to order at the Chairperson, Christy Scadden, welcomed attendees and introduced CAC members, district staff and administrators, and acknowledged parents. The Chair reviewed the agenda, meeting format and structure, membership procedures and process for providing public comment.

#### **PRESENTATION:**

Presenters: Becky Paradise and Lyn Barnes-Wallace  
Presentation began with a video presentation-music & motion.

Action Based Learning Labs - improve the health and academic performance of its students through movement and physical activity.

Basis for the presentation is to change the % of students in our district that have high BMI and cannot pass physical fitness tests.

Focus on 4 pronged approach:

1. Physical Education: This part the project is just physical education
2. Impact Program: Piloting at Edison right now. Wildly successful-athletes from UCSD participating
3. Instant Recess: This is something a classroom teacher can do by going on our website and watch video. Kids can do an instant physical activity and have a “brain break”.
4. Action Based learning: Focus: . Becky Paradise presented.

The labs started as a result of collaboration between OT/PT/APE. If a school wants to have the motor lab, there is an application process. Emphasis started K-2. Currently, they are building on the concept and have 38 labs in district now for levels K-12. Training held last fall and this year in the spring. There is a 3 day certified training program. Currently, there is a team of people who are able to support the existing labs.

Exercise changes the brain and enables it to learn. Memory is retrieved better when we move. 85% of our children learn through movement.

The Labs include activities that make a connection of movement with learning such as:

- crossing the midline
- rolling
- jumping
- bilateral movement
- infinity movement
- visual tracking
- upper body strength
- higher level thinking
- balance activities

Q&A:

Q: Is there a list of all the schools that offer this program? What do the middle and high schools do?

A: They do more fitness activities. The list is posted on the screen. UC High and Pacific Beach Middle School. More schools will be included soon.

Q: Can we have access to this PowerPoint?

A: It will be posted.

Q: What kind of specialized equipment do you have?

A: We work with the APE teacher at the site to provide needed equipment.

Q: Why did you choose these particular schools?

A: We didn't choose any school. It came as a request from those that had attended our Professional Development and asked to have it at their site. There must be dedicated space for this program.

Q: How are you allocating the time, is this part of Physical Education?

A: It depends on what is going on in the lab. We must meet the state requirements for PE, but we are also mixing in academics. It's offered 30 minutes a week. Movement facilitates cognition.

Q: How can we get this program implemented in our school, and how is it paid for?

A: Talk to your principle. Or talk to your special education team-they may know more than the principal. It's paid in part by Medi-Cal. We will provide you with contact information.

(Sonia) Just because your school is not on the list, does not mean this kind of training is not going on at your site. Contact information for Impact, PowerPoint info will be posted on department website.

Q: What are we doing about using outside space?

A: We have another program that deals with that; called Impact. It is more aerobic and working on PE standards.

Q: What are the cafeterias serving at these schools that are on the map with high BMI's? Can there be an improvement made there?

A: (Joe) I will have defer to Gary for the details on that. It is a concern in the district.

A: It's not just about the food. It's really about the movement.

## **PUBLIC INPUT:**

**The CAC invites the public to address the Committee and District about topics of interest or concern regarding students with IEPs in SDUSD. We provide a form to document comments and facilitate CAC follow-up with the district on matters that impact students. Due to confidentiality, personal concerns will be addressed privately with designated district staff. District will make an effort to respond to general questions as appropriate and time allows.**

**Copies of public forum comments and questions for the meeting can be obtained from the secretary or Chair.**

## **ROLL CALL/MEMBER ATTENDANCE:**

**Present:** Moira Albritton, Terrence Bobryk-Ozaki, William Cary, Julia Childs –Andrews, Joyce Clark, Maria Corral, Michelle Crisci, Raylene Dickinson, Susan Fanno, Connie Gearhart, Ellen Herroon, Caroline Kelner, Theresa Loescher, Mina Kern, Nancy Kirkman, Teresa Michel, Maggie Offerman, Maria Riedel, Leticia Ruiz-Mylenek, Christy Scadden,  
**Absent:** Kristin Gohlke, (notified)

### **Ex-Officio:**

Sonia Picos – Executive Director of Special Education.  
Dr. Joe Fulcher- Chief Student Services Officer  
**Guests:** Becky Paradise, Lyn Barnes -Wallace

**Quorum established**

## **COMMITTEE BUSINESS:**

**Approval of March minutes:** Moira motions to approve, Connie seconds the motion. No discussion. 18 Approve, 0 oppose, 0 abstain. Motion carries.

### **Chair report:**

### **Transition Resource Fair. April 22, 6-9pm @ Kearny High.**

CAC can help by bring cases of water. Let me know if you can donate.  
Can someone bring CAC brochures? Childcare & Translation and interpretation for hard of hearing will be provided.

### **Membership:**

Welcome New Members Theresa Loescher and Magali (Maggie) Offerman!  
Megan Glynn: CAC approved, Nomination will go to BOE on April 29<sup>th</sup> for approval.

**CAC Board of Education Report** , Semiannual review: chair will review progress on Areas of Concern for students with IEPs from Fall report (Tracking, Access to Neighborhood Schools, Transition Plans (ITPs). Comments from members on additional highlights from the year to include were: Closing the Achievement Gap, Pathways to Success starting at SEEC, and District-Wide Parent Trainings Calendar. Motion was made to change the report date to June 24. Second to the motion was made. Discussion: Why would we wait? What is the benefit of deferring? Christy: Joe and Sonia will not be in attendance and would like to be there in order to support/respond to Special Education issues. In favor: 14 Opposed: 1 Abstain: Motion carries.

**TRACKING:**

Public Records request data emailed to members. Talk to me after the meeting with questions. We are meeting with the district tomorrow for further exploration. CAC members see evidence of *tracking*. **Tracking** defined as: grouping, placing and denying placement to students in classes based on them having an IEP. Also, classes heavy with multiple subpopulations compared to others without.). We are looking at percentage of subpopulations in Math and English classes at all high schools, grade averages of students with vs. without an IEP in classes/achievement gap, and grade level average grades.

**SPECIAL EDUCATION EARLY CHILDHOOD (SEEC)**

Members and guests reviewed response from Lori Lillo regarding inquiry on SEEC (submitted by Moira Allbritton's) from the last general meeting. Concerns around offer of FAPE, Transition, Screening/Assessments, Time Lines, Transportation, Child Find, Translation, Lack of procedure, Lack of communication, Inequity of Facility, Classes and Programs, Sub Teachers not provided (Paras teaching classes), No Choice options in SEEC, and compliance, Parent Training for new parents. CAC will present a letter (to the district) to request more information/reports in addition to follow up. If you have input or comment on the letter, talk to Moira tonight. Joe and Sonia are aware of the letter & concerns. Idea introduced of having a Transition Fair for all things SEEC.

**SEEC Adhoc Committee Meeting Follow up on April 24<sup>th</sup> .**

**STANDING COMMITTEE UPDATES:**

Bylaws: Met and will report out to Executive Board in 2 weeks.

Membership: Membership application is going to be refined.

Outreach: Above and Beyond Awards is next month. Sign-ups will go out to all members.

Nomination Committee: presented the 2014/15 school year CAC Executive Board slate. Motion to accept the following slate by Susan Fanno-Nomination Committee Chair:

Chairperson:	Mina Kern
Vice-Chairperson:	Christy Scadden
Secretary:	Terrence Bobryk-Ozaki
Treasurer:	Raylene Dickinson
Member-at-Large:	Moira Albritton
Member-at-Large:	Caroline Kelner

Member-at-Large: Susan Fanno

Discussion: None

Moira, Michelle, seconds. 16 aye, 0 nay, 1 abstain. Motion carries.

### **SPECIAL EDUCATION PROGRAMS REPORT:**

Sonia Picos- Executive Director of Special Education

- Action Learning Labs – we like to see it grow at other sites. Received a national award recently.
  - Common Core – many decisions are made at site level. Sonia stated that Central Office is aware that they have a responsibility as well. She recently attended a professional development of Common Core for students with disabilities that the county sponsored. A team from SDUSD attended.
  - Special Education Goals – Continue to work on department stated goals. Working on overall plan and is currently in draft form.
  - Parent training has been added to the CAC calendar on the Parent Services Page on the Special Education website. Connecting the 2.
  - Due process 73 cases filed to date.
  - Testing/assessment for Special Education Students. There is a letter that specifies what tests and when for tests. This letter is on the resource table. Resources listed on the letter. These test scores do not count, we are just “testing the tests”.
  - ESY dates – elementary/middle July 24<sup>th</sup> –August 20<sup>th</sup>. June 23 –August 1<sup>st</sup> for high school. If you haven’t heard anything about ESY, contact your case manager. Open enrollment until May 2<sup>nd</sup>. Summer school is offered at the same time for high school.
  - Continue to collaborate with Transportation to train drivers that transport students with disabilities.
- Q: Will there be a second round of tutoring?  
A: Sonia will have to look into this question.

### **Announcements:**

- 23<sup>rd</sup> April San Diego High School Reclassification Workshop for parents of ESL students at 5:30, room 151.
- Parent training May 21<sup>st</sup> Practical Tools to Improve Executive Functioning Skills – free, 8:00 am-3:30 pm at Scripps Conference Center. Will posted on calendar
- LCAP planning meeting – April 26<sup>th</sup> is next meeting. 8:00-Noon. See Terrence if you want more information or other meeting dates.

Susan motion to adjourn, Terry second motion.

Adjourn 8:58